

The Rotary Club of Denver
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 Hours: 9-4 M-Th; 9-2 Fri
 (Office closed 11-2 Thurs)
www.denverrotary.org
 Darlene Mast, Exec. Dir.



THE KEYWAY

Volume 295

February 13, 2009

Issue 287

Committee Meetings

TUESDAY, FEB 17

RCD Board of Directors
 7:30 a.m., Mountain States
 Employers Council, 18th &
 Pennsylvania, Mtg Rm #5

WEDNESDAY, FEB 18

Social Activities Committee
 7:30 a.m., Lucille's Café, 275
 S. Logan St.

RCD Committee Chair Meeting
 11:00 a.m., Choppers Sports
 Grill, 80 S. Madison

THURSDAY, FEB 26

Rotary Connect
 10:30 a.m., Denver Athletic
 Club, Mtg Rm TBD

MONDAY, MARCH 2

Project C.U.R.E. Sort Night
 7:00 p.m., Project C.U.R.E.
 Warehouse, 10377 E. Geddes
 Ave., Centennial, CO

TUESDAY, MARCH 3

DRCF Executive Committee
 10:30 a.m., Teleconference

MONDAY, MARCH 2

Rotary Foundation Support
 Committee 8:00 a.m., Village
 Inn at I-25 and Colorado Blvd.

**THE ROTARY OFFICE WILL BE
 CLOSED ON MONDAY, FEB. 16,
 2009 IN OBSERVANCE OF
 PRESIDENT'S DAY**

For questions about
 programs or speakers,
 please contact Ed Crabtree,
 2008-2009 Meetings
 Committee Chair, at
 (303) 322-7460

February 13, 2009



February 19, 2009 11:45—1:00

OFFSITE

DANIEL RITCHIE

**"The Denver Center for Performing Arts
 and Performing Arts in America"**

**LAST DAY TO
 SIGN UP!
 Reservation
 Required**

In January 2007, Daniel L. Ritchie became Chairman and CEO of the Denver Center for the Performing Arts, one of the largest cultural complexes in the United States. He was Chairman of the Board of the University of Denver from 2005 to 2007 where he served as the 16th Chancellor for 16 years from 1989 to 2005.

Ritchie's involvement with the University of Denver began in 1983 when he became a trustee. He served as vice chairman of the board and chaired the development committee before becoming Chancellor.

In his nearly 20 years of involvement with DU the school has steadily gained stature and strengthened academic programs. In 2001, the University concluded the largest fund-raising campaign in its history, topping the \$200 million goal by nearly \$74 million. A \$450 million construction and renovation program, mostly funded by private contributions, has changed the campus's culture and skyline. Among improvements are new buildings for student residence, business, science, law and music education; a center for athletics, recreation and wellness; a performing arts center; and more funds for scholarships.

Ritchie was CEO of Westinghouse Broadcasting for eight years before moving to Colorado in 1987. That year, the long-time corpo-

rate executive began a new life on Grand River Ranch, a large property he had owned near Kremmling for many years. The move to Colorado capped a career of nearly 30 years spent in executive positions with MCA, Inc. and Westinghouse.

Ritchie currently serves as President of the Temple Hoyne Buell Foundation, which focuses on early childhood education and development, and he is Chairman of the Board of the Daniels Fund, which supports programs that encourage personal responsibility and achievement by funding college scholarships and community programs. Ritchie has also served as chair of the Education Committee of the National Park System Advisory Board.

Some of Ritchie's awards include: The Citizen of the West Award given by the National Western Stock Show to an individual who exemplifies the spirit and determination of the Western pioneer; the National Samaritan Institute Award; the Gold Medal Award of the Poor Richard Club; Outstanding Philanthropist at National Philanthropy Day; the National Human Relations Award from the American Jewish Committee; a Laureate member of the Colorado Business Hall of Fame and the Ethical Leadership Award from the University of Denver.

He holds both undergraduate and MBA degrees from Harvard.

Upcoming Club Meetings

February 26
 March 5
 March 12

Polio Plus—Ann Lee Hussey—Chair, Polio Survivors & Associates Rotary Action Group
 U.S. Global Economics, Post November 4th—Earl L. Wright, President/CEO AMG Bank
 What's Up at Qwest? - Ed Mueller, President of Qwest Communications



Did you know?

**Strokes are the third leading cause of death in the United States.
Do you know how to recognize the symptoms of a stroke?
Knowing could save a life!**

WHAT IS A STROKE?

Stroke is a type of cardiovascular disease. It affects the arteries leading to and within the brain. A stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is either blocked by a clot or bursts. When that happens, part of the brain cannot get the blood (and oxygen) it needs, so it starts to die.



If you or someone with you has one or more of the following signs, don't delay! **Immediately call 9-1-1** or the emergency medical services (EMS) number so an ambulance (ideally with advanced life support) can be sent for you. Also, check the time so you'll know when the first symptoms appeared. It's very important to take immediate action. If given within three hours of the start of symptoms, a clot-busting drug called tissue plasminogen activator (tPA) can reduce long-term disability for the most common type of stroke. tPA is the only FDA-approved medication for the treatment of stroke within three hours of stroke symptom onset.

A **TIA** or transient ischemic attack is a "warning stroke" or "mini-stroke" that produces stroke-like symptoms but no lasting damage. Recognizing and treating TIAs can reduce your risk of a major stroke. The usual TIA symptoms are the same as those of stroke, only temporary. The short duration of these symptoms and lack of permanent brain injury is the main difference between TIA and stroke.

RECOGNIZING A STROKE

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

STROKE: Remember the 1st Three Letters....S.T.R

S—Ask the individual to **SMILE**. *Sudden numbness or weakness of the face, arm or leg, especially on one side of the body.*

T—Ask the person to **TALK and SPEAK A SIMPLE SENTENCE** (Coherently) (i.e. It is sunny out today). *Sudden confusion, trouble speaking or understanding.*

R—Ask him or her to **RAISE BOTH ARMS**. *Sudden trouble walking, dizziness, loss of balance or coordination.*

Also look for sudden trouble seeing in one or both eyes or a sudden severe headache with no known cause

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

New Sign of a Blood Clot/Stroke - Stick out Your Tongue

Another possible 'sign' of a stroke is this: Ask the person to 'stick' out their tongue.. If the tongue is 'crooked', if it goes to one side or the other, it could also be an indication of a stroke.

A cardiologist says if everyone who gets this e-mail sends it to 10 people; you can bet that at least one life will be saved.



For more information on Strokes please visit www.strokeassociation.org

BENEFITING THE
FOOD BANK OF THE
ROCKIES
CALL **303-918-1918**



Rotary Club of Denver
Club 31

Save The Date! Join Us!
Top Gear's 2nd Annual:
Greens for Hunger Golf Tournament

- **Location:** The Ridge at Castle Pines Golf Club
- **Date:** Thursday, September 10th
- **When:** Shotgun Start 1:30 PM

Please call to reserve space for your group or 4-some!

Top Gear's Charitable Cause

Our group, a sub-committee of the Rotary Club of Denver, supports needy children and their families, who congregate at the Gathering Place.

Through a program sponsored by the Food Bank of the Rockies, Totes for Hope, the children are given packs of stable food to bring home over the weekends. This helps ensure that there will be some food in their houses during non-school days where lunches and snacks are provided.

Your activity in the golf tournament will ensure that at least some of Denver's most food insecure children will get something to eat.

Thank you for your participation!



Rotary Connect: *The Business Side of Rotary* **A Business network meeting for Rotary 31 members to share their value propositions**

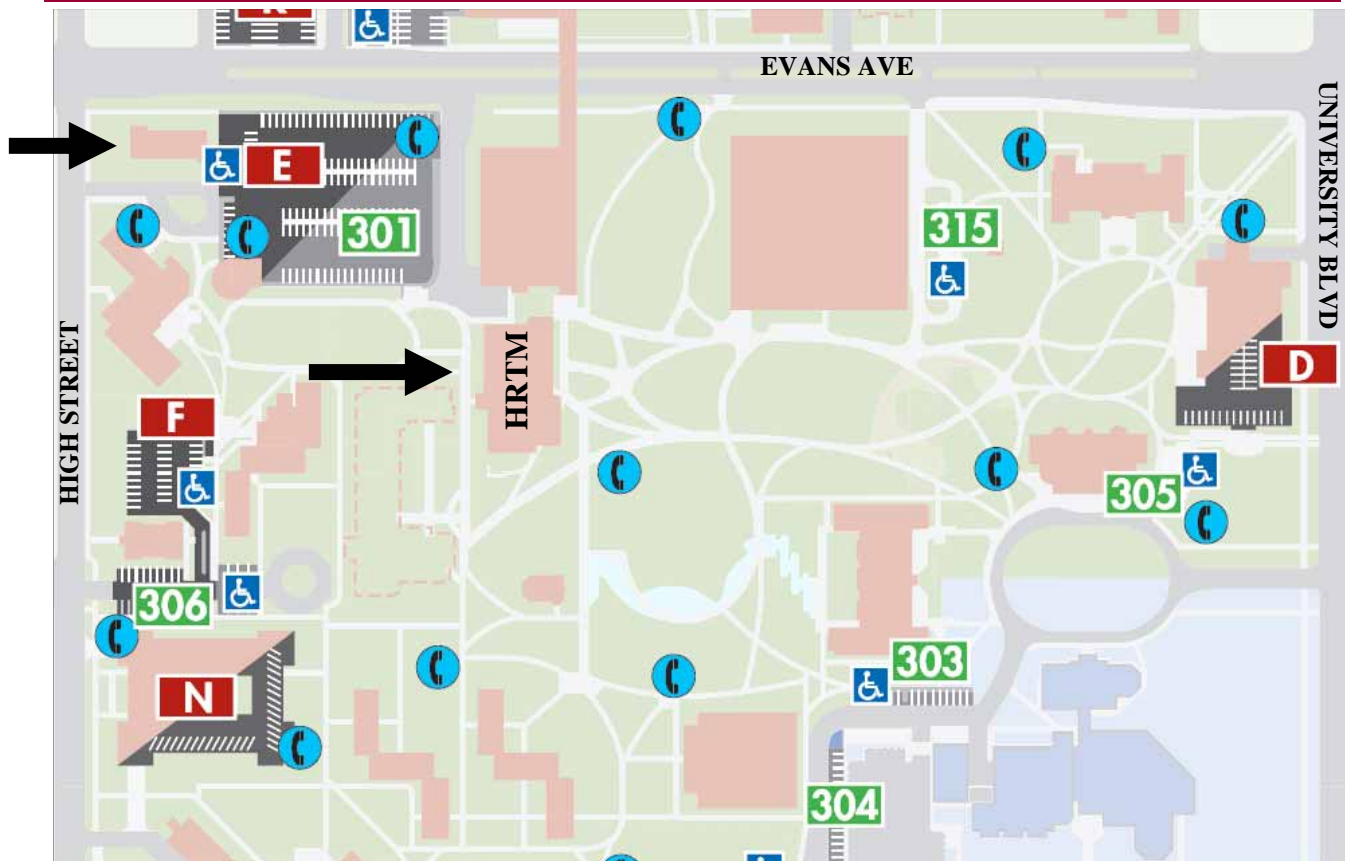
Service above self is certainly a tenant of the Rotary ideal. But also, in its original form, Rotary was founded on fellowship and commerce: learning what is unique about other's business helps us drive business to each other. The economic climate now is not much different than what Paul Harris experienced in 1905. Boost business, foster fellowship, and develop community service was on his mind.

Let's begin with friends, a table, and a purpose: "What can I do to help you grow your business?" We'll take the first 15 members who want to speak about their uniqueness in business or service, others are always welcome; but we'll limit the speakers and time for efficiency. We will learn and grow together.

The first meeting will be at 10:30 a.m. on February 26th at the DAC, after that the meetings will take place the 3rd Thursday of each month.

For more information contact Doug McLemore, 303-680-4018

DU OFFSITE MEETING MAP AND R.S.V.P. List



Please park in the parking garage located on the corner of Evans Ave. and High Street. The garage entrance is located on High Street. The first level of the parking structure is pay by hour parking, \$1.00/hour. Please note the space you have parked in and prepay at the pay station. The Hotel, Restaurant and Tourism Management (**HR TM**) Building is located to the south-east of the garage (recognizable by the large red dome).

Adams, Sandy	Downer, Harriet	Hurley, Bob	Metcalfe, Dick	Strauss, Hank
Ahern, Skip	Dreyer, J.D.	Hutter, Bev	Morehead, Bob	Taylor, Fred
Austin, Nancy	Eckhout, Giff	Jensen, Joe	Norvelle, Glenna	Tedstrom, Peter
Benedict, Mitch	Figel, Bud	Johnston, Jim	Olinger, Gary	Thebus, Pete
Berg, Karl	Fleming, Dave	Katz, Joanne	Peterson, Bruce	Thompson, Bob
Berger, El	Fox, Sue	Kelley, Melissa	Purcell, Sandy	Thompson, Chuck
Best, Don	Gandera, Wynn	Kinney, Roger	Quiat, Gerry	Trickett, David
Bowes, Peter	Garrison, Les	Kowal, Sheila	Renninger, Marilyn	Vincent, Tom
Bowman, Rick	Goddard, Jim	Kuper, Dennis	Riley, Steve	Walker, Kelly
Brown, Hugh	Goedert, Phil	Larsen, Anna Maria	Rowland, Wick	Wall, Pete
Brushaber, Susan	Greiner, Rod	Larsen, Les	Roy, Arthur	Wanifuchi, Christine
Bucher, Duane	Guice, Bryan	Lawrence, Frank	Sales, Carter	Weaver, Marlin
Bulkley-Hopkins, Irina	Heath, Ed	Lindsay, Carl	Schlup, Don	White, Eric
Bullwinkle, Alice	Heiserman, Bob	Logan, Jim	Schrenk, Gary	White, Jim
Chase, Blaine	Helmstaedter, Sherry	Long, Wills	Severns, Mike	Wiggs, Gene
Cho, Young	Herman, Jean	Leuthold, Tony	Shaffer, Kristi	Wilkins, Grant
Connor, Steve	Hodges, Joe	Mason, Jeff	Sheahan, Tim	Wilkins, Jim
Coombe, Bob	Hornby, Bill	Mast, Steve	Simonton, Roberta	Willson, John
Crabtree, Ed	Houston, Bill	McGibney, Jim +	Smith, Tup	Withers, Jane
Davis-Hornby, Sue	Hubbard, Ken	Guest	Spong, Rich	Wright, Bill
Day, Bob	Hultin, Donna	McLemore, Doug	Stewart, John	

RESERVATIONS ARE REQUIRED!!

17TH ANNUAL

CEBA Awards Luncheon
 Thursday, March 26, 2009 • 12 Noon
 Marriott City Center • Downtown Denver

Please join us in honoring the companies and individuals who exemplify ethics in our Colorado business community. The annual awards luncheon is a great way to meet other business leaders while enjoying a wonderful lunch and listening to our renowned keynote speaker, Richard Evans.



Keynote Speaker:
Richard Evans
 Board of Directors
 World Presidents Organization
 and Chief Executives
 Organization

FINALISTS

CEBA Business Ethics Award

Given to a for-profit enterprise
 Applewood Plumbing Heating & Electric
 Benefit Payee Services, Inc.
 CH2M Hill
 Columbine Chiropractic Health Plan
 Designs By Sundown
 Direct Drive Service
 First American Heritage Title Company
 Holland & Hart
 Johnson Storage & Moving
 Keller Bros. Auto Repair
 Mountain Crest Mortgage
 Outback Steak House
 Piper Electric
 Robinson Dairy
 Trammell Crow

Samaritan Institute Award

Recognizing non-profit organizations
 AlloSource
 Delta Dental Plan of Colorado
 Denver Metro Chamber Leadership Foundation
 NewGenesis
 Parent Pathways
 Public Education & Business Coalition
 Ronald McDonald House Charities
 YMCA of Metropolitan Denver

Daniel Ritchie Award

Honoring individuals for outstanding ethical achievement
 Rob Cohen, IMA Financial Group
 Harry Lewis, Lewis Investments
 Ned A. Minor, Minor & Brown P.C.
 Robert L. Powell, Character Fort Collins
 Anne Warhover, The Colorado Health Foundation
 Jay Davidson, First American State Bank
 Denny O'Malley, Craig Hospital

- The cost of this luncheon is included in the Rotary membership dues for Active Ordinary members. The price for all Active Exempt/Honorary members and guests is \$50 per person.
- **ALL members who RSVP but do not attend or do not cancel their reservations prior to March 16th will be billed for the \$50 luncheon cost as our attendance count is guaranteed after that date.**

Note: This luncheon will take the place of our regular weekly luncheon at the DAC.

RESERVATIONS ARE REQUIRED BY March 16th!

ROTARIAN/GUEST NAME(S) _____

___ No. of Denver Rotary Active Ordinary Members = (No Charge)

___ No. of Honorary/Exempt Rotarians & Guests X \$ 50.00 = \$ _____

Total \$ _____

___ Check attached ___ Check has been mailed or will be delivered to the RCD at a Club meeting

Credit Card # _____ Exp _____ 3 digit Sec # _____

Card Holder's Name _____ Type: Visa M/C AExp

Billing Address _____

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Fax (303)893-5702 ~ Call (303) 893-1919 ~ Email holland@denverrotary.org

Make checks payable to: The Rotary Club of Denver, 1900 Grant Street, Suite 850, Denver, CO 80203

Birth-a-tarians

February 14



**Sid
Brooks**

February 15



**Seth
Patterson**

February 16



**Meghan
Miller**

February 17



**Dennis
Kuper**



**Harley
Shaver**



**Wellington
Webb**

For question or comments about the compilation, distribution or production of the Keyway, please contact the Rotary Office or send an e-mail to staff@denverrotary.org by Wednesday at noon.

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